Pool Classes and

Activities

Swim lessons

An opportunity to learn new swimming skills in the pool. If you're unsure what level swim course you should be in we will be having a swim assessment on June 13th (6/13/2022).

Level 1: Class is designed to help students feel comfortable in the water. (9:45am-10:25am)(10:30am-11:10am)

Level 2: Class is designed to give students success with

fundamental skills. (9am-9:40am)

Level 3: Class is designed to teach students advanced

swimming skills. (7/18-7/29)

Open: June 20-July 28

Monday through Friday: 9am-12pm

(Closed: July 4, July 11 through July 16)

Cost: \$60 per week

Age: 5 years old and up

Max: 10 people max

Water Aerobics

An enjoyable, refreshing way to get your heart beating. This class focuses on aerobic endurance, movement, and creating an enjoyable atmosphere while getting a workout in.

Open: June 20-July 28

Mon., Tue., & Thur: 3:30pm-4:30pm

(Closed: July 4-8)

Cost: \$20 per week

Age: All ages

Max: 15 people

Aquatics Boot camp

High intensity pool workout for strong confident swimmers who can keep pace with the rest of the class. This is a rigorous cross training class that uses various pool style workouts.

(Mandatory swim test on your first day)

Open: June 20-July 28

Mon., Tue., & Thur: 4:45pm-5:45pm

(Closed: July 4 & July 11-16)

Cost: \$20 per week

Age: 16 years old and up

Max: 10 people

Open Swim

Pool opens to the public.

Open: June 20- July 28

Saturday's: 12pm-4pm

Cost: \$5 per visit

Age: All ages

Private Swim Lessons

This is a perfect opportunity for adults and children wanting to learn how to swim at their own pace.

Open: June 20- July 28

Monday-Friday: 8:30am- 8:55am

Saturday: 9:30am-11:30am

Cost: \$40 per session

Age: All ages

Tiny Tots

A class designed to help pre-school children feel comfortable in the water. Swimmers will learn: entering and exiting the water, retrieving objects in the pool, submerge face and open eyes under water, front to back float with support, water safety, and correct arm and kicking motion.

Open: June 20- July 28

Monday- Friday: 11:15am-11:35am

Cost: \$30 per week

Age: 3 years old to 5 years old

Max: 8 people

Parent and Me

Class designed to get your young child acclimated to the pool. Child must be accompanied by a parent and must be potty trained or wearing a swim diaper.

Open: June 20- July 28

Monday-Friday: 11:40am- 12pm

Cost: \$30 per week

Age: 6 months old to 3 years old

Max: 10 people

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