



BIG BEAR VALLEY
Recreation & Park
DISTRICT



SAN BERNARDINO
COUNTY

CALL US:

(909) 866-9700

Start Today!

REGISTER NOW AT
WWW.BIGBEARPARKS.COM

PiYO

FOR EVERYBODY AGES 16+



Always Welcome

\$64.00/month for 8 classes or \$10.00/walk-in.

Tuesdays & Thursdays 3:00-4:00pm



Instructor: Andrea Walker

Build a better physique
with the help of an
instructor.



Low-Impact Workout

This class combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility benefits of Yoga. It is a true fat burning, low impact program that will get you incredibly defined. This program is perfect for people of all fitness levels.

ONLY

\$64/per month



**The Ranch Clubhouse
2080 Erwin Ranch Rd.
Big Bear City, CA 92314**